



1st Floor Wyness Hall, Jackson Street Inverurie, AB51 3QB

### COVID-19 Newsletter No 1 17th April 2020

#### Dear member,

This is the first of future information notices we intend to send out to give you more advice and hopefully assistance, in answering some questions you may have in this unprecedented times we are currently in.

The TGP office is shut and there will be no face to face meeting adhering to Government requirement in reducing the spread of COVID-19, I am sure you have enough information on this and apologies if this is a duplicate of earlier information. However it is the intention of this newsletter to grow, with newer information of the topics at the top of the pages and past information in URL links following, if the possibility that this newsletter at whatever stage is passed on all available information, will be on each one.

### Staffing Levels at TGP

Some of you may already know that Louise our administrator/researcher left TGP in February and Dawn is currently off on sick leave.

This means the board have stepped up to the plate and are assisting the best they can to supply you with information in this uncertain times, please bear with us as we see to your needs, responses may be later than usually expected.

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# **Charity Regulation Advice**

#### Guidance

# Coronavirus (COVID-19) guidance for the charity sector

AGM coming up, no face 2 face meetings, the answer you are looking for maybe here.

https://www.gov.uk/guidance/coronavirus-covid-19-guidance-for-the-charity-sector

#### From OSCR below:-

All charities should read OSCR's <u>COVID-19 guidance for charities</u>, which brings together the information you need to know during this time and highlights other organisations who may be able to offer support.

The following topics are covered below:

- How to contact and send information to the Scottish Charity Regulator (OSCR)
- What is coronavirus (COVID-19)?
- COVID-19 guidance for charities
- OSCR, ACOSVO and SCVO working together
- · Gathering information for the sector

The COVID-19 situation is fast moving and developing regularly. This web page will be updated to reflect any changes that occur so please revisit it regularly to be kept up-to-date.

# Volunteering & Help

## Assistance in Aberdeenshire for groups/volunteers

The Aberdeenshire Community Resilience Fund is for community/resilience groups seeking funding to support people in the community who are staying at home, self-isolating, vulnerable and unable to access basic necessities such as food and medicines, as a result of the restrictions due to COVID-19.

Applications are now being taken for a new £200,000 Aberdeenshire Community Resilience Fund.

Aberdeenshire Council recently approved the creation of the support mechanism in light of the Covid-19 pandemic.

Constituted community groups, resilience groups and volunteering organisations can submit a simple application form to the Council's Area Managers, with the implementation of the resilience fund following a similar approach to the existing Area Committee budgets. New groups without a constitution are being encouraged to work with others who have been established longer and have systems and bank accounts in place.

Each of those six areas will have a £20,000 allocation, with the £80,000 balance being available to the whole of Aberdeenshire to be administered by the chair of the Community Resilience and Partnership Workstream.

Grants of up to £2,000 for community resilience work are available and will be awarded on a first-come basis.

As further community resilience funds become available from the Scottish Government, the value of grants and the criteria will be reviewed, however the principle aim at present is to be as flexible as possible for each individual community.

Area Managers' teams, along with Community Learning and Development, Public Health and Aberdeenshire Voluntary Action the Rural Partnerships and other partners, will continue to work with community resilience groups and volunteers in their areas to provide support and identify any gaps in provision.

A coordinated approach is also being made with the Local Resilience Partnership and in particular with the British Red Cross, Aberdeen City Council and The Moray Council to ensure the maximum benefit, coverage and support is provided across the Grampian area......

## **Volunteering & Help**

## Assistance in Aberdeenshire for groups/volunteers.....

Leader of Aberdeenshire Council, Cllr Jim Gifford, explained: "It will be essential that a coordinated approach is taken through our Local Resilience Partnership to ensure that the most appropriate support is provided as soon as possible for our communities at a local level.

"Linking up local knowledge with an established and experienced organisations will prove hugely-beneficial in terms of speed of operation and reach into our communities.

"The amount of support and levels of volunteering that we are already seeing across Aberdeenshire is really heart-warming and truly inspiring. This funding is aimed at helping groups to continue to provide much-needed assistance and support to their communities at this time."

People can access assistance through the hub at <a href="www.gcah.org.uk">www.gcah.org.uk</a> or the freephone number 0808 196 3384. Similarly groups offering support can also register on the hub.

An application form and guidance is available through this link <a href="https://www.aberdeenshire.gov.uk/communities-and-events/funding/community-resilience">https://www.aberdeenshire.gov.uk/communities-and-events/funding/community-resilience</a> -covid-19/ for your information and onward communication.

#### Grampian Coronavirus (COVID-19) Assistance Hub

Enter search term Search



## We need your help ...

We are looking to identify volunteers for a specific role, who have current PVG status and are trained/experienced in one or both of the following: ......cont.



# **Volunteering & Help**

- social care/health (desirable)
- moving and handling (people)

Please respond by email to <u>reply@gcah.org.uk</u> using the subject line "Health Skills".

We are also looking to identify any of our volunteers with emotional wellbeing and counselling training/experience as there may be a future requirement for such skills by telephone. Please respond by email to <a href="mailto:reply@gcah.org.uk">reply@gcah.org.uk</a> using the subject line "Emotional Wellbeing".



Phone and email advice by phoning 01224 747714

OR

email via website www.swacab.org.uk

## **COVIC-19 Funding assistance**

## **SCVO funding COVID-19:-**

Groups in financial need should visit SCVO at <a href="https://scvo.org.uk/">https://scvo.org.uk/</a>
<a href="mailto:support/coronavirus/funding/for-organisations/third-sector-resilience-fund">https://scvo.org.uk/</a>
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https://www.bgateway.com/coronavirus-businesssupport-across-scotland



Home » Business » Support for business community - Coronavirus

https://www.aberdeenshire.gov.uk/business/business-covid-19/



https://charitybank.org/news/covid-19-emergency-funding-for-charities-and-social-sector-organisations



https://www.foundationscotland.org.uk/grants-and-funding-for-organisations/grant-programmes/

## Health & Wellbeing

# Ready Scotland

Preparing for and dealing with emergencies



## **Ready Scotland**

Ready Scotland is the official channel of the Scottish Government's Resilience Division. It provides advice on finding extra support, and the help available for community groups. You can also find information on helping in your community and the best ways to shop responsibly.

Information on COVID-19 from Ready Scotland

Ready Scotland on Twitter

Ready Scotland on Facebook

Remember, when things are stressful it can be helpful to take a break from the news.

Take some time to focus on looking after yourself and the people with you

# 10 tips to help if you are worried about coronavirus



https://www.nhs.uk/oneyou/every-mind-matters/coronavirus-covid-19-anxiety-tips/



Therapists at The Treatment Room are available for online sessions in all therapies that don't involve physical contact.

Please contact Deborah Armstrong on 07764 848623 for details.

Some Funded sessions through Steps Into Wellness are also available online please contact <a href="mailto:stepsintowellness@outlook.com">stepsintowellness@outlook.com</a> to enquire.

## Our community group are here and maybe available to help you.

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## How can TGP help you?

#### We can support you with:

- \* Project planning
- \* Governance
- \* Sourcing funding
- Consulting & engaging with your community
- \* Handling "red-tape"



We've got a variety of equipment that groups can borrow for free, including a digital camera and data projector.

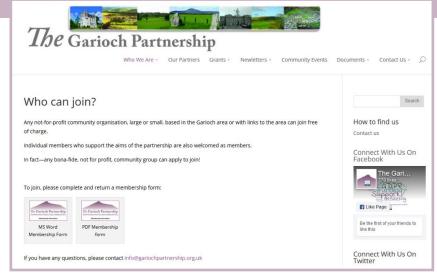
We can also provide Independent Examination of your charity accounts (for a small fee: £40 for members and £60 + mileage for non-members).

For more information, contact info@gariochpartnership.org.uk

## Who can join?

Any not-for-profit community organisation, large or small, based in the Garioch area or with links to the area can join free of charge.

Individual members who support the aims of the partnership are also welcomed as members.



In fact—any bona-fide, not for profit, community group can apply to join!

To join, complete and return our membership form - you can find it on our website: http://gariochpartnership.org.uk/membership-join/ - or e-mail info@gariochpartnership.org.uk and we'll send one out to you.

# If you provide a service for others, useful at this time of lockdown – let us know!

We'll add the details to the next newsletter.

We will update the webpage to provide this information also.

www.gariochpartnership.org.uk





Registered SCIO SC043548



We share details of events here and in the Weekly Update which is sent to all members, as well as in our Garioch Gazette newsletter. All information and web links given were correct at time of publishing, but may be changed by the event organisers. If a web link no longer works, or the information has been updated, please let us know by e-mailing info@gariochpartnership.org.uk.

To share details of your event, e-mail info@gariochpartnership.org.uk

Events have been listed in two groups: Regular events and in date order for One-off events.

#### Regular events

#### The Cafe at the Kitchen

10am-12pm, Every 2nd Friday, Garioch Community Kitchen, Wyness Hall, Inverurie Find out more: Facebook: Garioch Community Kitchen

#### **Garioch Connects**

6-8pm, Every 2nd Tuesday, Garioch Centre. Monthly get together to connect, plan and have fun. Every 4 weeks, on Saturdays. Full and half day activities and outings. Find out more: Facebook: Garioch Connects

#### Inverurie Men's Shed

10am – 4pm, Every Monday and Thursday, Garioch Centre. Monthly get together to connect, plan and have fun. Every 4 weeks, on Saturdays. Full and half day activities and outings. Find out more: Inverurie & District Men's Shed

#### Cafe Philosophique

7-8.40pm, First Wednesday of each month, alternating between Stonehaven Library or Inverurie Acorn Centre Find out more and see the full 2019-20 programme: Philosophy Cafe



The Garioch Partnership



@Garioch tweets

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